



## **Patient Information Day** 14th October 2023

Marriott Hotel, One Queens Square, Liverpool L1 1RH 9:00am - 5:00pm (registration from 08.30)

**Chair – Janet Rathburn (Patient & Public Voice)** 

08:30 - 09:00	Registration & Refreshments	
09:00 - 09:15	Welcome and opening remarks	Dr Gordon Gladman
		Paediatric Cardiologist and Network Clinical Director
09:15 - 10:00	Abnor <mark>mal hea</mark> rt rhythms	Dr Reza Ashrafi
	Why does it happen and how do we	ACHD Cardiologist
	treat them?	LHCH
10:00 – 10:45	What happens in the Catheter Lab?	Dr Salim Jivanji
	Past, pr <mark>esent a</mark> nd future	Consultant Cardiologist Alder Hey
10:45-11:15	Refreshments Refreshments	
11:15 – 12:00	<b>End</b> ocarditis	Dr Caroline Jo <mark>ne</mark> s
4	What is it and how dowe treat it?	Paediatric Cardiologist + Clinic Lead Alder Hey
12:00 – 12:45	Wh <mark>y is it impo</mark> rtant to keep your	Dr Emma Morgan
	mouth healthy and how?	Academic Clinical Fellow and Speciality Trainee in Paediatric Dentistry
		Dr Joanna May
		Consultant Paediatric Dentist
		Alder Hey
		<b>Dr Gurpreet Bahia</b> Speciality Trainee in Special Care Dentistry (LDH)
12:45 – 13:30 Lunch		
13:30 – 14:15	Life with congenital heart disease	Lowri Smith
	Developing a patient passport	Patient and public Voice Representative
14:15 – 15:00	Health related anxiety	Dr Jessica Deol
	What is it and what to do about it?	ACHD Senior Clinical Psychologist LHCH
		Georgia Main (Assistant Psychologist LHCH)
15:00 - 15:15	Refreshments	
15:15 – 16:00	The importance of keeping active	Dan Evans
		Exercise Physiologists at LHCH
16:00 – 16:45	Keeping well with congenital heart	Dr Julia Jones
	disease	ACHD Cardiologist LHCH
	Everyone is getting older!	
16:45 – 17:00	Closing remarks and goodbye	Dr Caroline Jones
		Paediatric Cardiologist Alder Hey















